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NEWS RELEASE

FOR IMMEDIATE RELEASE
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Colonial Harvest Help Day at Lynnhaven House

Join us for "Colonial Harvest Help Day" at the Lynnhaven House on Saturday, September 18th from 10:00 a.m. until 2:00 p.m. We will be preparing for the winter months ahead the way the early settlers did. Admission for this program is \$2 per person.

Help card wool to make it ready for spinning and watch as wool is spun into yarn. Learn how to use a drop spindle. Visit with Tasha, the goat and Emma, the lamb. Watch as harvest foods are prepared over an open fire and try your hand at some of the tasks needed to get dinner on the table. Observe the blacksmith as he works at the forge. Make a beeswax taper candle to take home.

Early colonists used harvest time to bring in their crops and store supplies for their needs in the winter months. This was a time for everyone to share their skills and help their neighbors.

The Lynnhaven Education Center is located at 4409 Wishart Road in Virginia Beach. Call (757) 460-7109 or (757) 460-7530 for further information.

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